**Vollara # 101543**

Final label copy # 000K9190000

Quote # 78762

Rev to H581 (several rinky-dink changes – see Zoho) 01/26/22

Capsule size: #0 clear vegetarian

Please refer to the ***VQ Label Review Checklist*** as a guideline for an acceptable label layout.

This Supplement Facts has been updated to comply with the new FDA regulations, “Food Labeling: Revision of the Nutrition and Supplement Facts Labels”, which took effect on July 26, 2016.

**EFL Sport Re:Fuel**

**Dietary Supplement**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Supplement Facts** |  |  |  |
|  | Serving Size: 2 Capsules  Servings Per Container: *Please complete* |  |  |  |
|  |  | **Amount Per Serving** | **% Daily Value** |  |
|  | Vitamin A (100% as natural beta-carotene) | 162 mcg | 18% |  |
|  | Vitamin C | 20 mg | 22% |  |
|  | Vitamin D [as (D3) cholecalciferol] | 20 mcg (800 IU) | 100% |  |
|  | Vitamin E (as natural mixed tocopherols with tocotrienols) | 6.7 mg | 45% |  |
|  | Thiamin (as thiamin HCl) | 0.5 mg | 42% |  |
|  | Riboflavin | 0.56 mg | 43% |  |
|  | Niacin (as niacinamide) | 6.6 mg | 41% |  |
|  | Vitamin B6 (as pyridoxal-5-phosphate) | 0.66 mg | 39% |  |
|  | Folate (as calcium L-5-methyltetrahydrofolate) | 222 mcg DFE | 56% |  |
|  | Vitamin B12 (as methylcobalamin) | 2 mcg | 83% |  |
|  | Biotin | 100 mcg | 333% |  |
|  | Pantothenic acid (as D-calcium pantothenate) | 3.3 mg | 66% |  |
|  | Calcium | 50 mg | 4% |  |
|  | Iron (as Ferrochel® ferrous bisglycinate chelate) | 0.76 mg | 4% |  |
|  | Iodine (as potassium iodide) | 50 mcg | 33% |  |
|  | Magnesium | 25 mg | 6% |  |
|  | Zinc | 3 mg | 27% |  |
|  | Selenium (as Albion® selenium glycinate complex) | 5 mcg | 9% |  |
|  | Copper | 0.4 mg | 44% |  |
|  | Manganese | 0.26 mg | 11% |  |
|  | Chromium (as TRAACS® chromium nicotinate glycinate chelate) | 70 mcg | 200% |  |
|  | Molybdenum (as molybdenum amino acid chelate) | 5 mcg | 11% |  |
|  | **Essentials for Life:**  TRAACS® calcium bisglycinate chelate buffered with calcium carbonate, TRAACS® magnesium bisglycinate chelate buffered with magnesium oxide, TRAACS® zinc bisglycinate chelate, TRAACS® magnesium glycinate glutamine chelate, TRAACS® copper bisglycinate chelate, TRAACS® manganese bisglycinate chelate, vanadium amino acid chelate, Bororganic® boron glycine complex | 369 mg | \* |  |
|  | **Proprietary Whole Food Vitamin and Antioxidant Blend:**  Acerola fruit extract, garlic, kelp, rutin, broccoli, brussels sprouts, cabbage, spinach leaf, beet root, pomegranate fruit extract, chlorella algae, cranberry extract, Jerusalem artichoke root inulin, quercetin dihydrate, alfalfa leaf, blueberry fruit, carrot root, ginger root, grape seed extract, green pepper fruit, olive leaf extract, raspberry juice powder, shiitake mushroom extract, spirulina, sweet potato tuber, turmeric root extract, olive fruit extract, pine bark extract, resveratrol (from *Polygonum cuspidatum* root extract) | 265 mg | \* |  |
|  | **Proprietary Digestive Enzyme Blend:**  Acid protease, fungal protease, glucoamylase, invertase, malt diastase, lactase, cellulase, lipase, fungal amylase, peptidase | 140 mg | \* |  |
|  | **Proprietary Probiotic Blend: (2 billion CFU)†**  *Lactobacillus acidophilus, Bifidobacterium lactis, Streptococcus thermophilus, Bifidobacterium breve, Lactobacillus rhamnosus, Lactobacillus paracasei, Lactobacillus plantarum, Bifidobacterium bifidum, Bifidobacterium longum, Bifidobacterium adolescentis* in a base of fructo-oligosaccharides from chicory root inulin | 100 mg | \* |  |
|  | Vitamin K2 (asmenaquinone-7 from soy) | 20 mcg | \* |  |
|  | \* Daily value not established. |  |  |  |

Other ingredients: Hypromellose, vegetable stearic acid, ascorbic acid, rice flour, and silica.

**† at time of manufacture**

Contains soy.

**Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.**

This product contains a trademarked ingredient that may have licensing requirements. Please contact your customer service representative for more information.

**Directions:** *Please complete*

**Optional cautionary statements** (may add to labeling but not required)**:**

Keep out of reach of children. Store at 15-30C (59-86F).

Protect from heat, light and moisture. Do not purchase if seal is broken or missing.

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